



Patricia Jones, M.Ed  
Waukegan Township  
Supervisor

OCTOBER IS  
BREAST CANCER  
AWARENESS MONTH



## A 5K For Labor Day!

Waukegan Township Publication

October, 2015



Waukegan Township friends, family, and supporters came out on the beautiful sunny morning of Saturday, September 5th, 2015, for the 5K For Labor Day. The race was held at Independence Grove in Libertyville, IL and was the first year our 5K For Labor Day was US Track & Field certified. Thanks to everyone for coming to race at the new 5K venue and helping to spread the word about this year's changes. We had an unbelievable time! Due to your generosity, we were able to raise funds to promote the mission of providing high quality services to senior citizens. The 5K went off with a bang, with runners and walkers showing up with excitement and eager to do their part. Each participant received a complimentary medal for finishing the course. Congratulations to the main awards winners: Fastest male, female runner/walker and Oldest/youngest runner/walker. We would like to thank our 5K for Labor Day and Senior Citizen's Service Committee members. Many thanks to our dedicated sponsors; **NRG Energy, Inc. NorStates Bank, Park City, Gurnee Mills, Adspace Digital Mall Network**, West Insurance, Consumer's Cooperative, Walgreens, AARP, Cigna Health Spring, Classic Car Group, Great Lakes Credit Union, Church Donations: Gideon, Shiloh, Antioch, Christian Valley, New Hope. **If you weren't able to attend the 5K For Labor Day, but still want to show your support, you can still make a donation. Call 847-244-9242 for more information.** Proceeds go toward providing services to adults 55 and better. We can't wait to see everyone at next year's 5K For Labor Day in September 2016!



We are continuing the Couch to 5K training at Park Place. Please join us M-W-F at 6:30am for the remainder of this year!



### Volunteer of The Month



**Ms. Rice** has been married for 32 years. She has 2 daughters and 7 grandchildren. Ms. Rice has been a member of the Waukegan Township Senior Services committee for the past 5 years. While on the committee she has been secretary for the past 4 years and a member of the 5K for Labor Day Committee for the past 5 years.

On Saturday, October 17th, Park Place along with our partner Healthy Spirit ~Healthy Soul, will feature local health experts who will speak on several topics. This event will offer educational awareness along with several medical healthcare providers on site to answer questions: See page 2 for more information and event details.



**Patricia Jones**  
Waukegan Township Supervisor

#### Trustees:

Katherine Rothwell-Francis  
Percy L. Johnson  
Jeff McBride  
Chuck Willms  
Township Clerk: Rose Staben  
Assessor: Mark Stricklin

#### Park Place Senior Citizen's Services Committee:

Chair: Victor Ruiz  
Vice Chair: Ray Evelyn Curry  
Secretary: Opal Rice  
Members:  
Ed Buschbacher  
Evelyn Bailey & Larry Eaker

# Exercise Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
* Couch to 5K - 6:30 a.m. *SeniorSize - 9:15 a.m. *SeniorSize -10:15 a.m. *Chicago Soul Dancing - 5:30 p.m. *Yoga/Meditation - 5:30 p.m.	*Walk Fit - 9:00 a.m. *Country Line Dancing - 10:00 a.m.	* Couch to 5K - 6:30 a.m. *Advanced SeniorSize- 9:15 a.m. *Yoga/Meditation - 10:15 a.m.	*Advanced SeniorSize – 9:15 a.m. *SeniorSize - 10:15 a.m. *Chicago Soul Dancing -	* Couch to 5K - 6:30 a.m. Zumba 9:00 a.m. Step Up Aerobics - 10:00 a.m.	*Advanced Senior-Size- 9:15 a.m. *Walk Fit - 10:00 a.m.
* Advance sign up for classes & a medical release form must be on file. (renew form yearly)					

**\*All events located at Park Place unless otherwise noted.**

**Rosalind Franklin Community Care Coach Free Health Screenings - Tuesday, October 6 - 10:00a.m.**

**Flu and Pneumonia Vaccines offered by Walgreens - Wednesday, October 7 & 21 - 12:00p.m. - 2:00p.m.** Call 847-244-9242 for fees and bring Medicare card or Insurance card.

**“Make me Feel Important” Workshop - Wednesday, October 7 - 2:00p.m. - 3:00p.m.** This interactive and fun in-service teaches life skills for successful communication. Speaker: Cheryl Muller, Season’s Hospice & Palliative Care.

**Authors Kimberly Ivory Graves & Mary Goljenboom- Wednesday, October 14 - 2:00p.m.** Books “Possibilities through Peace & Order” and “Have Courage, Work Hard-Quotations on Work and Success”.

**National Breast Cancer & Domestic Violence Awareness Month - Saturday, October 17 - 11:00a.m. - 1:00p.m.** Hosted by: Park Place in partnership with Healthy Spirit ~ Healthy Soul. The event will include: Interactive Exhibits, Guest Speakers, Testimonials from Survivors, Complimentary Mammogram & Health Screenings, Exercise Demonstration, Games & Activities, Light Refreshments, Giveaway’s & Raffle Prizes.

**Legislative Update with Congressman Bob Dold - Tuesday, October 20 -10:00a.m.** Topic: Senior Issues and Legislation.

**Complimentary Health Screenings - Monday, October 26 - 10:00a.m. - 11:00a.m. (Blessed 2 B a Blessing - Friday, October 9 & 23 - 10:00a.m. - 11:30a.m. (Blood Pressure Check, Glucose and Cholesterol).**

**Grandparent’s & Other Relatives Caregivers Expo - Saturday, October 24 - 9:00a.m. - 12:00p.m.** (See page 3 for details).

## The Illinois Department on Aging

### Senior Health Insurance Program (SHIP) - Site Open House Tuesday, October 6 - 10:00a.m @ Park Place

An example of a service offered for older adults and their caregivers is; Providing assistance with any questions pertaining to Medicare Parts A, B, C, & D. Appointments will be scheduled in advance. Call 847-244-9242 for more information.

## INTEREST GROUPS MEETING DATES

Low Vision Support Group: Trip to Visit Friedman Place in Chicago - A Community for Adults who are Blind or Visually Impaired. Cost: \$5.00 per person - Bus departs at 10:00 am from Park Place

Grandparents & Other Relatives Raising Children Support Group - No Meeting on Monday, October 12 - Closed Columbus Day Meeting on Tuesday, October 27 - 11:00 am - 12:00 pm - Speaker: Veda Reed from Blessed 2 B A Blessing

**Book Club.....Monday 10/05 1:00 p.m.**

**Grief.....Friday 10/02 10:30 a.m.**

**Grandparents & Other Relatives...Monday -**

**Spanish..... Friday 10/09 11:00 a.m.**

**Low Vision .....Tuesday 10/13 10:00 a.m.**

**Red Hat Society.....Thursday 10/15 Noon**

**Alzheimer’s.....Tuesday 10/27 10:00 a.m.**

**LGBT.....No Meeting this month**

**Benefit Access Program....M-F 9:00 a.m. - 4:30 p.m.**



## TECHNOLOGY CLASSES

If you are not currently receiving the Park Place Preview contact us at 847-244-9242 or e-mail [kwoods@waukegantownship.com](mailto:kwoods@waukegantownship.com)

### Trouble Shooting & More: Help Desk at the Tech Center!

Every Monday - 1:30 p.m. - 4:30 p.m.  
Our skilled volunteers will answer questions on technology devices, programs, social media or applications.

**This is a complementary service.  
No registration - Walk-in**

### Introduction to the Internet

Thursday, October 22nd  
1:30 p.m. - 3:30 p.m. \$10.00

### Saving Money on the Internet: Using MyMedicare.gov

Wednesday, October 14th  
12:30 p.m. - 1:30 p.m.

Did you know you can save hundreds on your prescription drug plan? Medicare Part D open enrollment begins Oct 16th, and plans change every year.

**This is a complementary service.  
\* Call 847-244-9242 to register.**

### Introduction to Basic Computer Use

Tuesday, October 13th  
1:30 p.m. - 3:00 p.m. \$10.00

**FOR INFORMATION ON WORKSHOPS, EVENTS, OR RSVP FOR TECH CLASSES CALL 847-244-9242**





## Thursday, October 29, 2015 Jay Leno at Genesee Theatre

Jay Leno is one of the biggest names in late-night comedy. Seeing this king of comedy live on stage is not to be missed. Bus departs Park Place for signature door to door service at 7 p.m. Seats are located on the main floor, left center row N, and Center Loge (lower balcony) row H. \$112 per person. To RSVP call 847-244-9242 or email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com).



Saturday, October 10, 2015

Genesee Theatre Waukegan, IL

Time: 8:00p.m. - Bus will depart 7:30pm from Park Place

**Tickets On Sale @ Park Place**

\$65 per person fee includes Main Floor/ Center Loge seating.

## Waukegan Township Park Place Presents...

\$56 per person fee includes Main Floor/ Center Loge seating. For more information call

847-244-9242 or email

[lpable@waukegantownship.com](mailto:lpable@waukegantownship.com)

An intimate evening with

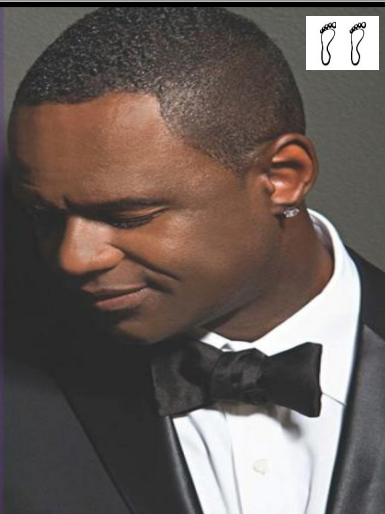
# Brian McKnight

**24 Oct 2015 | 8:00pm**

Genesee Theatre Waukegan, IL

Bus will depart 7:30pm from Park Place

**Tickets On Sale @ Park Place**



## GRANDPARENT'S & OTHER RELATIVES CAREGIVERS EXPO



**SATURDAY, OCTOBER 24, 2015**

**9:00 AM - 12:00 PM**

Park Place Senior Center • 414 South Lewis., Waukegan

### Speakers:

**Topic:** Family Law, Custody, Legal Adoption & Guardianship. **Speaker:** Patti Fell, Director of Development, Center for Law & Social Work

**Topic:** Coping with Stress & Burnout. **Speaker:** Florencia Avalos-Delcid, MSW, Individual & Family Bilingual Counselor Family Service: Prevention, Education, & Counseling

**Topic:** Support for the Caregivers. **Speaker:** Christine C. Damon, MSEd, MFCS, CAPs, Executive Director, CareSmart Illinois.

Exhibitors, Complementary Health Screenings, Light Refreshments, Giveaways, Raffle Prizes and Children's Activities: People's Choice Family Fun Center



**NEW MOVIES ARE SHOWN: TUESDAYS  
1:30 P.M. & SATURDAYS AT 12:30 P.M.**

**CLASSICS ARE SHOWN:  
MONDAYS AT 4:30 P.M. &  
WEDNESDAYS AT 1:30 P.M.**

### PARK PLACE CLASSICS

*Monday & Wednesday, October 5 & 7 -*

*The Adventures of Robin Hood*

*Wednesday, October 14 - 12 Angry Men*

*Monday & Wednesday, October 19 & 21 - Chinatown*

*Monday & Wednesday, October 26 & 28 - Roman Holiday*

### PARK PLACE CINEMA

Saturday & Tuesday, October 3 & 6 -  
**Jupiter Ascending (PG-13)** - Starring Mila Kunis

Saturday & Tuesday, October 10 & 13 -  
**Never Lose Focus (R)** - Starring Will Smith

Saturday & Tuesday, October 17 & 20 -  
**Chappie (R)** - Starring Hugh Jackman

Saturday & Tuesday, October 24 & 27 -  
**The Forger (R)** - Starring John Travolta

Saturday & Tuesday, October 31 -  
**The Last Knights (R)** - Starring Clive Owen & Morgan Freeman

## WAUKEGAN TOWNSHIP VETERANS Celebration Luncheon

**Saturday, November 7th**

**12:00PM - 2:00PM**

**Park Place** 414 S. Lewis Ave., Waukegan, IL

**Guest Speaker: Jim Stanczak,**

**Manager of Waukegan National Airport**

**Complimentary Lunch and Program**

Serving the  
Communities of:

Waukegan Township  
Supervisor

Patricia Jones

847-244-4900

pjones724@waukegantow  
nship.com

Waukegan, City Hall  
Mayor, Wayne Motley  
100 N. MLK, Ave  
Waukegan 60085  
847-599-2500

North Chicago, City Hall  
Mayor, Leon Rockingham  
1850 Lewis Ave.,  
North Chicago 60064  
847-596-8600

Beach Park, City Hall  
Mayor, John Hucker  
11270 W. Wadsworth  
Beach Park, 60099  
847-746-1770 Phone  
847-746-1797 Fax

Park City, City Hall  
Mayor, Steve Pannell  
3355 Belvidere Road,  
Park City, 60085  
847-623-5030

Federal & State  
Representatives:

US Senator  
Dick Durbin  
312-353-4952

US Senator  
Mark Kirk  
312-886-3506

US Congressman  
Bob Dold  
847-380-7605

Illinois State  
Senator  
Terry Link

847-821-1811

Senator@link30.org

Illinois State  
Representative

Rita Mayfield

847-599-2800

60th

district@gmail.com

**PRESORT STANDARD**

**US POSTAGE PAID**

**PALATINE P & DC**

**PERMIT NO. 418**

**Hispanic Heritage - Taste of Latin America!**

On Saturday, October 24th, 2 p.m. - 6 p.m. - Park Place will celebrate Hispanic Heritage month with Taste of Latin America. Be sure to come hungry, as Taste of Latin America will feature several vendors serving your favorite Latin dishes! Live entertainment! Free Event- Food will be for sale

**PARK PLACE PREVIEW**

**414 S. Lewis Ave.**

**Waukegan, IL 60085**

**Phone: 847-244-9242**

**Fax: 847-244-9258**

**www.waukegantownship.com**

**Park Place Hours**

<b>Monday</b>	<b>9:00 AM - 7:00 PM</b>
<b>Tuesday</b>	<b>9:00 AM - 4:30 PM</b>
<b>Wednesday</b>	<b>9:00 AM - 4:30 PM</b>
<b>Thursday</b>	<b>9:00 AM - 8:00 PM</b>
<b>Friday</b>	<b>9:00 AM - 4:30 PM</b>
<b>Saturday</b>	<b>9:00 AM - 3:00 PM</b>
<b>Sunday</b>	<b>Closed</b>

**IN OBSERVANCE OF  
COLUMBUS DAY  
WE WILL BE CLOSED**

**October 12, 2015**

**ACKNOWLEDGEMENTS & CONDOLENCES - Our Thoughts Are With You.**

**We Remember  
Seniors who've  
passed away**

**08/11/15 - 09/13/15**

Erwin Beskow 8/12/15  
Glendora Laforge 9/1/15  
Michael Nathans  
8/26/15  
Bessie Papanos 9/7/15  
Erwin Beskow 8/12/15

**Congdon & Company  
Funeral Home**

Elizabeth Haines  
8/31/15  
Barbara Litewski 9/2/15  
Eloise Evelyn  
Worthington 8/31/15  
Ernest Gilroy 8/26/15  
Harvey Slusser 9/3/15

**Bradshaw & Range  
Funeral Home**

Clabon Smith 8/19/15  
Patricia Brown 9/7/15  
Lucretia Littles 9/2/15  
Genevieve Rockingham  
9/2/15  
Kazimera Pawlik 8/14/15  
Clabon Smith 8/19/15  
James Banks Jr. 8/21/15  
Ervin Santiago Mercado  
8/27/15  
Vernica Johnson 9/4/15  
Frankie Stewart 9/5/15  
Marcell Charleston  
9/6/15  
James Lucas 9/10/15  
Robin Dixon 9/11/15  
Olivia Wheaton 9/11/15  
Stephanie Johnson  
9/12/15

Jeffrey Harrington  
9/13/15

**Kristan Funeral Home  
-Mundelein**

Michael Anselm 8/15/15

**Peterson & Patch  
Funeral Home**

Jane Craymond 8/31/15  
Richard Frick 8/28/15  
William Stanczak 9/8/15

**Bradley Funeral Home**

Valeria Davies 9/7/15  
Richard Sauve 8/20/15  
**Strang Funeral Home**  
Susan Jean (Sue)  
Evenson 9/7/15

**Salata Gurnee Funeral  
Home**

Martha Flissar 8/29/15

**Marsh Funeral Home**

George Latham 8/24/15  
Paul Rudzinski 8/26/15  
Mary Seymour 8/18/15

**Warren Cemetery  
Mausoleum**

Margarita Lopez 8/30/15  
Melvin Slazas 8/20/15  
Donald Massimo  
8/29/15

**The Memorial Chapel  
Of Waukegan**

Panagiota Mantis 9/1/15  
Jose Rivera 8/11/15  
Charles Shepard 9/6/15

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.