

# Adult Superhero 5K Run/Walk & 1 Mile Kids' Run September 22, 2018

Waukegan Sports Park - 3391 W Beach Rd, Waukegan, IL

7:00 a.m. - 8:30 a.m. - Onsite Registration  
8:30 a.m. - Kids' 1 Mile Run  
9:00 a.m. - Adult Runners Start  
9:15 a.m. - Adult Walkers Start

- All participants will receive a medal. Special awards are given to oldest, youngest, & fastest in each age category.
  - Also, prizes for the Kids' 1 Mile.



You can also register online at [www.waukegantownship.com](http://www.waukegantownship.com)

**US Track & Field Certified!!**

**Professional Timing Service!**



## Registration Form

This is your registration form. You may mail this form and payment prior to the event or bring to the event. Mail to: **5K Headquarters 414 S. Lewis Ave., Waukegan, IL 60085 - 847-244-9242.**

Name \_\_\_\_\_

Walker \_\_\_\_\_ Runner \_\_\_\_\_ Timing and Bib Needed \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

**Make Checks Payable to Waukegan Township CARES  
Cash/Credit Card; PayPal**

**\*Please include T-Shirt size: XXL / XL / L / M / S**

I plan to Walk/Run. Will sign waiver below:

Donation only. Will pick up T-Shirt

WAIVER: I hereby waive all claims against Waukegan Township CARES, Waukegan Township, Lake County, Waukegan Park District, sponsors, or for personal injury I might suffer in this event. I attest I am physically fit and prepared for this event.

Signature \_\_\_\_\_

Date \_\_\_\_\_ Parent Consent for Minors/Sign \_\_\_\_\_

**For Office Use Only:**

\_\_\_\_ Registered via website.

\_\_\_\_ Registered by Township staff.



**Call 847-244-9242 or email  
cpwhite@waukegantownship.com  
For more information**